

# MoodSupport – Installation Guide

This guide describes how to install, use, and uninstall the MoodSupport app on Windows. There are two installation options available: MSI installer (recommended, requires administrator permissions) and ZIP version (no administrator permissions required).

## Note on Security Warnings

When you first run the MSI installer or the MoodSupport.exe file from the ZIP version, Windows or your security software may display a warning message. This is because MoodSupport is being distributed as part of a scientific study and is not currently signed with a commercial code-signing certificate. The appearance of this warning may vary depending on the Windows version or the antivirus program used. In this case, follow the instructions provided by the respective software to allow MoodSupport as a trusted application.

For the typical example of the Windows SmartScreen warning, proceed as follows:

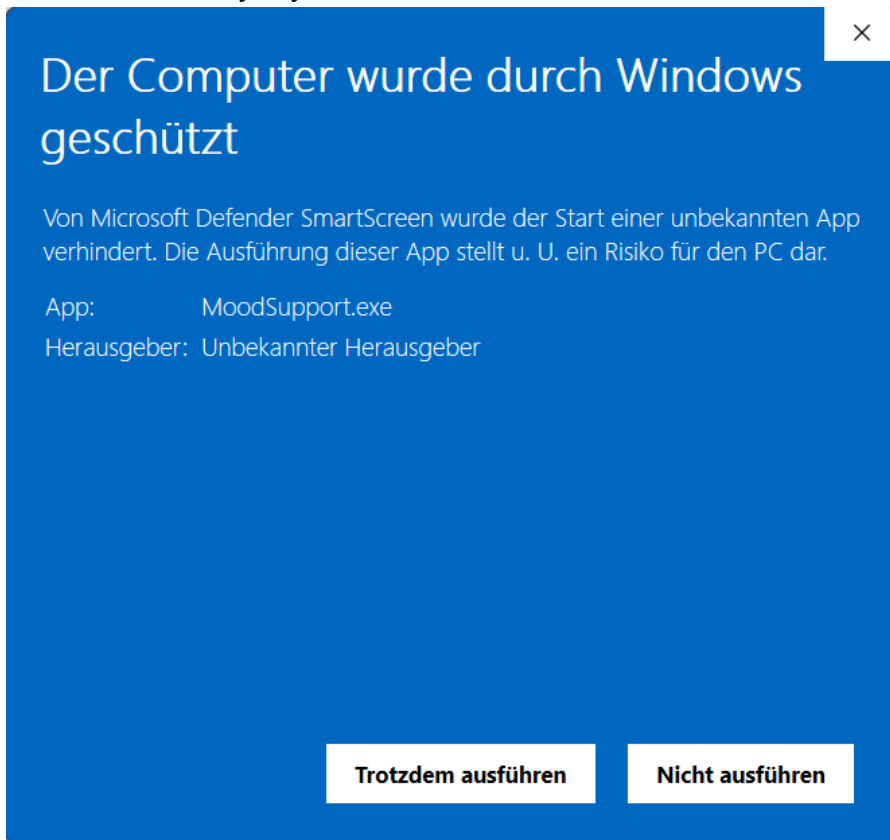
### Step 1

Click “More info” within the pop-up.



## Step 2

Then click "Run anyway" to continue with the installation or launch of MoodSupport.



## Option 1: Installation using the MSI installer

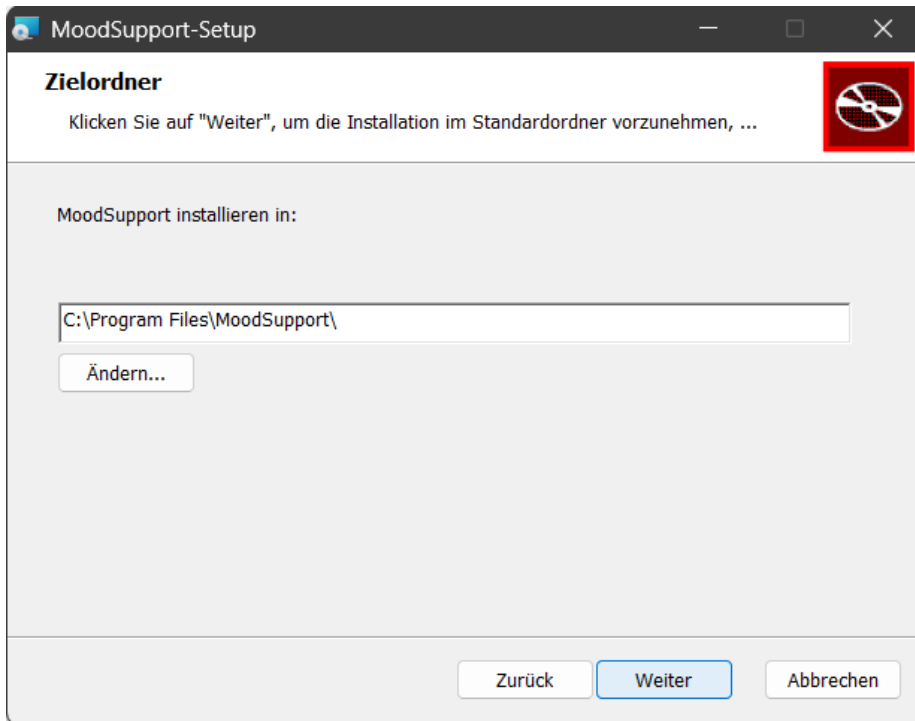
### Step 1

Download the file “MoodSupport-1.0.0.msi” and open it by double-clicking.



### Step 2

In the Setup Assistant, click “Next.” If necessary, change the destination folder or keep the default setting and click “Next” again.



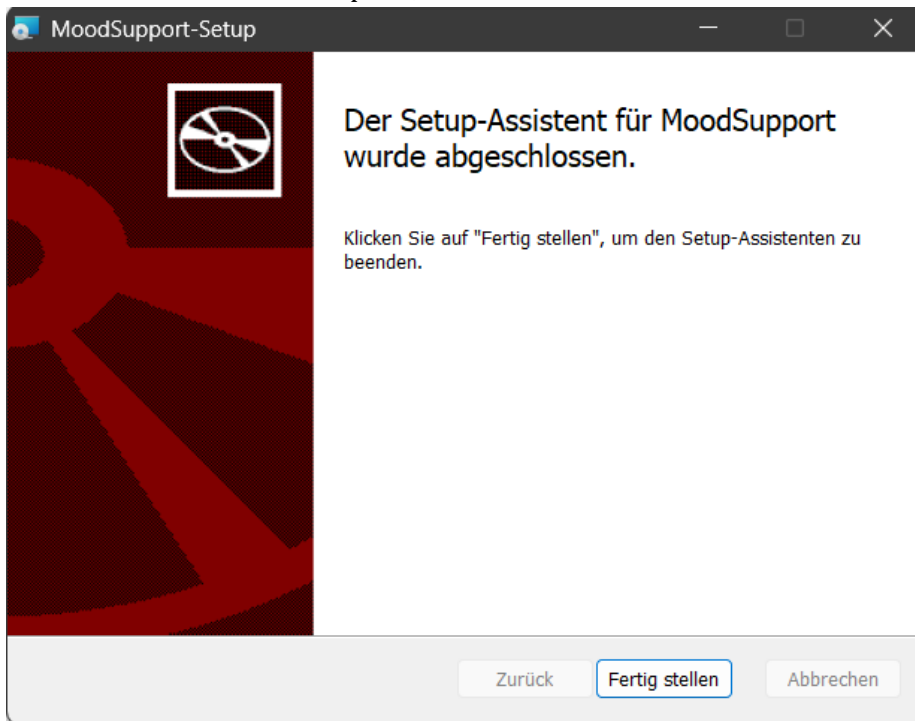
### Step 3

Click "Install." Administrator permissions are required for this step. If the User Account Control Prompt appears ("Do you want to allow...?"), click "Yes".



## Step 4

Once the installation is complete, click “Finish”.

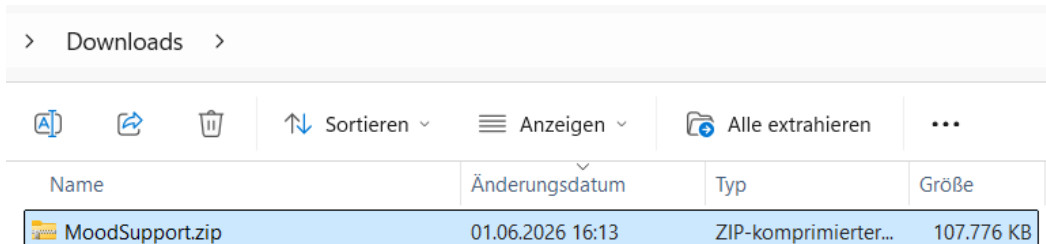


A desktop shortcut will be created automatically. The app can then be launched via the desktop shortcut, other shortcuts, or the system tray icon.

## Option 2: Installation via the ZIP version

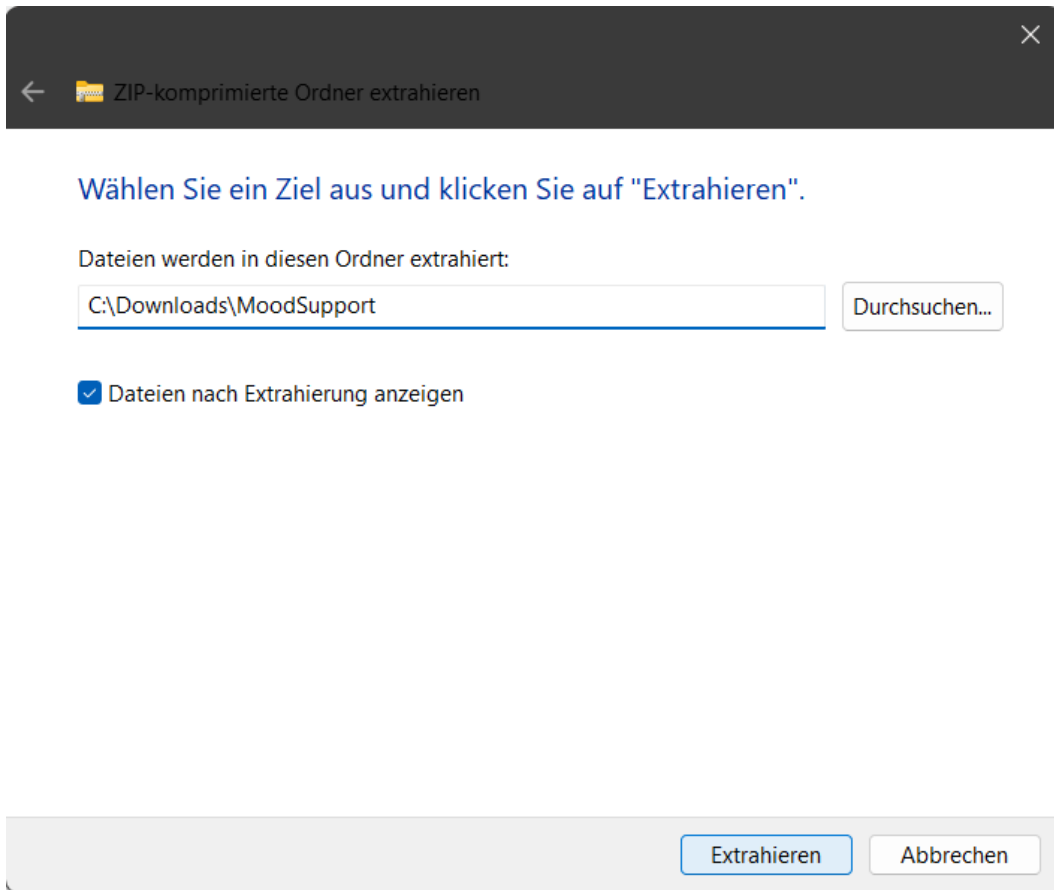
### Step 1

Download the “MoodSupport.zip” file and navigate to your Downloads folder.



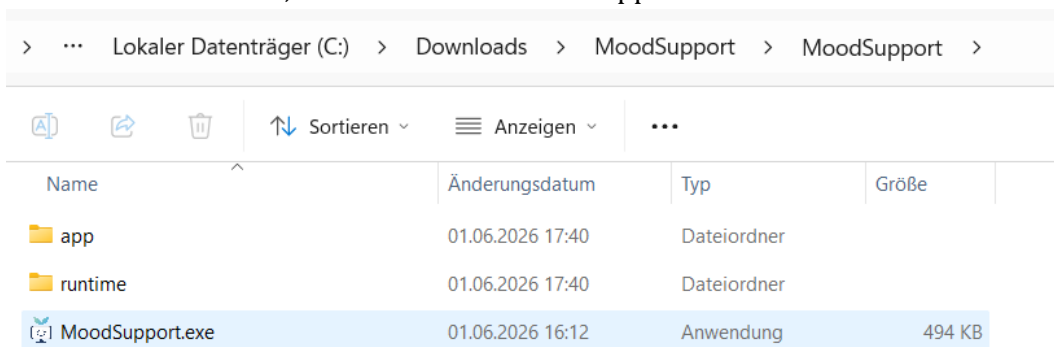
### Step 2

Click “Extract all,” select the desired destination folder, and click “Extract”.



### Step 3

In the extracted folder, double-click the "MoodSupport.exe" file to launch it.

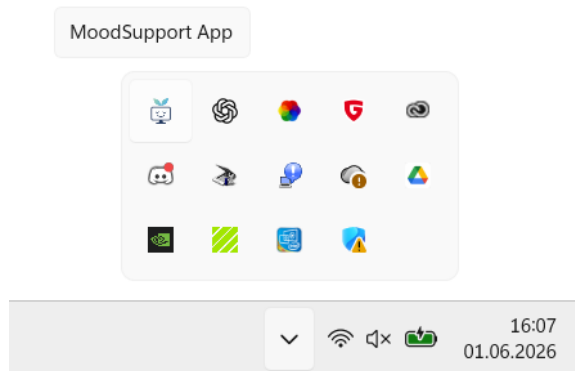


Optionally, you can pin the application to the Start menu or taskbar, or create a desktop shortcut to make MoodSupport easier to access.

Once launched, MoodSupport can be accessed at any time via the EXE file, any existing shortcuts, or the system tray icon.

## Note on further use

Once launched, MoodSupport continues to run in the background as a system tray application so that notifications can be delivered.



You can reopen the app at any time by double-clicking the system tray icon. You can also completely close the app from the tray if needed (via right-click → “Exit”).

## Uninstalling MoodSupport

Before uninstalling or deleting the application, you should completely close MoodSupport. To do this, right-click the MoodSupport icon in the system tray and select “Exit”.

### MSI Version

If you installed MoodSupport using the MSI installer, you can remove it through Windows Settings:

1. Open Settings → Apps → Installed apps.
2. Search for MoodSupport.
3. Click “Uninstall” and confirm the action.

If User Account Control appears (“Do you want to allow...?”), confirm the action by clicking “Yes”.

### ZIP Version

If you are using the ZIP version, no standard uninstallation is required.

Simply delete the extracted MoodSupport folder, including the MoodSupport.exe file.

**Completely remove local data (optional)**

To completely remove all local MoodSupport data, you can also delete the following folders:

*[Hard Drive]:\Users\[Name]\MoodSupport*

*[Hard Drive]:\Users\[Name]\.moodsupport-app*

These folders contain local study data, log files, and exported backups.

After deleting these folders, there will be no local MoodSupport application data remaining on the device.